



Association "Latvian Federation for sport of Cheerleading"
Registration No .: 40008258221
Address: Marupe, Kurpnieku street 13

Latvian Open Championship in Ceerleading 2022

VENUE OF THE EVENT, TIME

- **Place:** Sigulda Sports Center, Ata Kronvalda Street 7a, Sigulda
- **Start of the competition: May 7th , 2022, 10.00 am**

*there is a chance to organize accomodation in a hotel or school sports hall. To request more info please write an email to info@karseji.lv

APPLICATION PROCEDURE:

- Register for the competition by writing an e-mail to info@karseji.lv.
- The application form must be sent to info@karseji.lv until 1 May.

MEMBERSHIP FEES:

- When registering until 10.04 - 15 Eur per person
- When registering after 10.04 - 25 Eur per person

NOMINATIONS:

Cheerleading *

Category	Age group	Number of participants in the team
Level 2 Group Stunt (Mini)	2009-2015	4-5
Level 4 Team (Junior)	2006-2010	16-24
Level 5 Partner Stunt	2007 and older	3
Level 5 Group Stunt (Senior)	2007 and older	4-5
Level 5 Team (Senior)	2007 and older	16-24

Performance Cheer Doubles

Category	Age group	Number of participants in the team
Doubles Cheer Freestyle Pom (Mini)	2009-2015	2
Doubles Cheer Freestyle Pom (Junior)	2006-2010	2
Doubles Cheer Freestyle Pom (Senior)	2007 and older	2
Cheer Doubles Hip Hop (Junior)	2006-2010	2
Cheer Doubles Hip Hop (Senior)	2007 and older	2
Doubles Cheer Jazz (Junior)	2006-2010	2
Doubles Cheer Jazz (Senior)	2007 and older	2

Performance Cheer Team *

Category	Age group	Number of participants in the team
Freestyle pom Mini	2009-2015	6-24
Freestyle Pom Small Team	2010 and older	6-15
Freestyle Pom Team (Junior)	2006-2010	18-24
Freestyle Pom Team (Senior)	2007 and older	16-24
Cheer Jazz Small Team	2010 and older	6-15
Cheer Jazz Team (Junior and Senior in one category)	2006-2010 (2009-2013) / 2008 and older	18-24 / 16-24
Cheer Hip Hop Small Team	2010 and older	
Cheer Hip Hop Team (Senior)	2007 and older	16-24

*** 1 exception is allowed for each team for a person who does not correspond to the age category**

**** If less than 4 teams apply for the category, the Latvian Federation for sport of Cheerleading reserves the right to combine senior and junior teams in one category.**

GENERAL PROVISIONS:

- All coaches, athletes and sports organizers must follow anti-doping rules.
- The competition takes place after [ECU rules](#). To clarify any questions about rules, a consultation with the federation members in zoom can be organized.
- Each team must prepare their chosen music in the "flesh" (USB) memory and submit the event DJ before the start of the team. The coach is handing over the flesh drive. There will be a time to test the music before competition.
- Music must not contain discriminatory lyrics or curse words. The music must comply with Latvian copyright requirements.
- The performance costume must cover all intimate areas and meet a publicly accepted standard. The performance costume needs to be age appropriate.
- By filling in the application, the teams agree that filming and photography is allowed during the event, and that this material can be used on LKSF social networks and media.

COVID 19 RESTRICTIONS:

- From April 1, all restrictions related to the Covid 19 pandemic are planned to be lifted in the territory of Latvia.
- Wearing masks during the event will be a recommendation, but will not be mandatory.
- If changes are made to the general rules of COVID 19 before the date of the competition, the event organizers will inform you of the changes.

JURY:

- The performances will be judged by an international jury of 5 people. Separate jury for performance chher and cheerleading.
- Ratings will be publicly available www.karseji.lv on the website after the end of the competition.