

Biedrība "Latvijas Karsēju sporta federācija"
Reģ. Nr. 40008258221
Juridiskā adrese: Mārupe, Kurpnieku iela 13, LV-2167
00371 26 575750, info@karseji.lv



Dear Participants,

Thank you for registering for Latvian Open cheerleading championships 2025. This is an informational email about details of the event.
This email contains information about booking training times, coaches meeting, Participant area access and music.

LUNCH PRE-ORDER

If you would like to pre-order lunch for your team, you can do it by sending your application to cafe@rigaexpo.lv (In your email, please include how many servings of each option you would like and how are you gonna pay)

There are 3 lunch options:

Lunch set price EUR 9.00

No.1	No.2	VEGETARIAN - No.3
Chicken fillet	Noodles with vegetables	Couscous with vegetables,
Potatoes	and chicken	cheese and sun-dried tomatoes
Fresh vegetable salad	Fresh vegetable salad	Fresh vegetable salad
Juice	Juice	Juice
Cottage cheese	Cottage cheese	Cottage cheese
flatbread with peaches	flatbread with peaches	flatbread with peaches

Lunch will be packed and ready at the championship venues cafe.

Please send your application by April 25th

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Available Training Times

We are happy to announce that we can offer free training times in the venue for the teams on May 2nd. You can apply for a free training time slot by sending an email and requesting one of the available times in [this link ->](#)

Each team has 1 free 30 min time slot. Extra time will be charged at 50 eur per hour.

For the safety of athletes the access to changing area will be restricted to participants and organizers only. Every team will be granted 1 coaches bracelet for free. If there are more than 20 participants from a club, the club will receive 1 coaches' bracelet for every 20 registered athletes, so they can accompany the team in the backstage. If the teams need more bracelets for entourage, they can apply for additional bracelets by filling the form in attachment and sending it to info@karseji.lv . Every additional non- competing bracelet will cost 10 EUR.

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Music

Please send in the music for the competition to music.lksf@gmail.com by naming the songs according to the given template. Please send in the music till April 25th.

NOMINATION_DIVISION_AGE GROUP_CATEGORY_ROUTINE NAME

Example: PC_CHH_YJ_D_ROUTINE NAME

[Abbreviations are here](#)

Nomination:

Performance cheer – PC

Cheerleading – C

Division:

Freestyle Pom – FP

Cheer Jazz – CJ

Cheer Hip Hop – CHH

Level 1 - LVL1

Level 2 – LVL2

Level 3 - LVL3

Level 4 – LVL4

Level 5 - LVL5

Level 6 - LVL6

Age group:

Minis – M

Primary advanced – PA

Youth - Y

Junior - J

Youth+Junior – YJ

Senior - S

Category:

Doubles – D

Teams – T

Group stunts – GS

Partner stunts – PS

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MERCH PRE-ORDER

Dear Coaches,

We are so excited to welcome you at the Latvian Cheerleading Open 2025!

This year we have added new things to our merch stand. In addition to t-shirts, you also have the chance to grab a championship bow or keychain.

You'll notice that the t-shirts have a "customization" option. This year the t-shirts will have all competing teams and divisions printed on the back. If you want to add a sparkly star next to your team name, please select the customization option and type in your team name/s. This costs and additional 1eur.

To send in your order, please fill out this [ORDER FORM ->](#)

Please send your pre-orders by April 20th



Merch Pre-Order Information



T-shirt

Pre order:
30€
+ 1€ of personalization

At the comp:
30€
+ 2€ of personalization

Keychain



Pre order: 10€
At the comp: 12€

Small hair bow



Pre order: 17€
At the comp: 18€

Large hair bow



Pre order: 20€
At the comp: 22€